

# Cambodian Foods that Affect Blood Sugar: A Guide for Cambodian Patients

**Organization:** EthnoMed

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<http://media.hsl.washington.edu/ethnomed/Diabetes/CambodianFoodsBloodSugarDec2011.html> [1]

This presentation is intended to be used by clinicians during discussion with patients about carbohydrates and blood glucose. It is culturally tailored to reflect foods commonly consumed by Cambodian Americans, and intended for patients to learn how these foods raise, lower or have little effect on a person's blood sugar.

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