

Newsletter on Ethnicity and Cardiovascular and Diabetes Research

Organization: Edinburgh Ethnicity and Health Research Group (EEHRG)

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Welcome to the 2013 edition of the Edinburgh Ethnicity and Health Research Group (EEHRG) newsletter. This year sees the 10th anniversary of the founding of our research group. To celebrate this land-mark, in this issue we share the exciting multidisciplinary work recently completed by our members in the area of cardiovascular disease and diabetes research.

In a thought-provoking piece, Raj Bhopal reframes ethnicity and health research as benefitting the entire population, not just specific minority ethnic groups. Narinder Bansal shares work from the Scottish Health and Ethnicity Linkage Study providing the first Scottish data on cardiovascular burden by self-defined ethnicity. Emma Davidson then presents findings from a systematic review of evidence about adapting health promotion interventions to maximise effectiveness across ethnic minority groups. These insights are substantiated by Sunita Wallia's description of how an intervention aimed at those at risk of type-2 diabetes was adapted to maximise effectiveness for people of Indian and Pakistani origin settled in Scotland.

Paragraphs above are from the first paragraphs of the newsletter, which can be downloaded as a PDF (1.2 MB)

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