

Addressing the Mental Health Problems of Border and Immigrant Youth

Organization: National Child Traumatic Stress Network (NCTSN)

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This special report helps mental health care providers working in the Mexico-US border region understand the diverse cultural, socioeconomic, environmental, and political factors that daily impact the lives of their clients/patients. It offers guidance on how to provide culturally competent care while simultaneously addressing families' misconceptions and knowledge gaps about the causes of mental health problems and their treatment.

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