

Cultural Competency: A Practical Guide for Mental Health Service Providers

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This simple guide offers mental health professionals a better understanding of the factors which can affect their counseling and suggests ways to improve and enrich services for their ethnically diverse clientele. Topics covered include use of interpreters, confidentiality, outreach, and engaging with families. The guide includes a list of suggested mental health assessments for culturally diverse groups, a list of cultural-related syndromes, and a list of references.

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