

# UPAC-Elder Multicultural Access and Support Services Program

UPAC Elder Multicultural Access and Support Services (EMASS) Program is using a promotora model to reach out to unserved and underserved senior population (60 and older) from Latino, Filipino, African American and Somali (African Refugees) communities in the North, Central, and South Regions of San Diego County. This Program is funded by the County of San Diego - Behavioral Health Services under the Mental Health Services Act- prevention and early intervention (PEI) fund. Program Services include but not limited to: health education, translation, advocacy, peer support and counselling, and social/recreational activities. EMASS Program goals are: to increase access to care; reduce disparities to care; increase knowledge in health care system; increase self-sufficiency; reduce utilization of speciality care; and reduce institutionalization.

**Website:** <http://www.upacsd.com> [1]

**City:** Escondido and San Diego

**State:** California

**Country:** USA

**Key Resources:** [National Alliance on Mental Illness in San Diego](#) [2]

[Urban League San Diego County](#) [3]

[Somali Family Service of San Diego](#) [4]

Organizational Cultural Competence

Leadership Development

Patient Demographic Data

Workforce Diversity

Community Engagement

Culturally Competent Care

Clinical Interactions

Mental Health/Substance Abuse

Patient Education and Support

Community Education

Care Management

Cultural Competence Training

Continuing Education

Language Access

Translation

Health Literacy

Policy

Local

Advocacy

Research

Community-Based Participatory Research

Race/Ethnicity:

African American or Black

Asian American

Hispanic/Latino

Elderly

Immigrants

LGBTQ

Low Income

Refugees

- **Organization Type:** [Non Profit Organization/Association](#) [5]

- **Geographic Identifier:** [US - California](#) [6]
- **Target Population:** [African American or Black](#) [7], [Race/Ethnicity:](#) [8], [Asian American](#) [9], [Elderly](#) [10], [Hispanic/Latino](#) [11], [Immigrants](#) [12], [LGBTQ](#) [13], [Low Income](#) [14], [Refugees](#) [15]
- **Topic Areas:** [Clinical Interactions](#) [16], [Leadership Development](#) [17], [Organizational Cultural Competence](#) [18], [Continuing Education](#) [19], [Mental Health/Substance Abuse](#) [20], [Patient Demographic Data](#) [21], [Local](#) [22], [Patient Education and Support](#) [23], [Translation](#) [24], [Workforce Diversity](#) [25], [Community Education](#) [26], [Community-Based Participatory Research](#) [27], [Health Literacy](#) [28], [Community Engagement](#) [29], [Advocacy](#) [30], [Care Management](#) [31], [Culturally Competent Care](#) [32], [Cultural Competence Training](#) [33], [Language Access](#) [34], [Policy](#) [35], [Research](#) [36]

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<http://www.diversityrx.org/organizations/upac-elder-multicultural-access-and-support-services-program>

**Links:**

- [1] <http://www.upacsd.com>
- [2] <http://namisandiego.org/>
- [3] <http://sandiego.urbanleague.us/>
- [4] <http://www.somalifamilyservice.org/>
- [5] <http://www.diversityrx.org/organization-type/non-profit-organizationassociation>
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